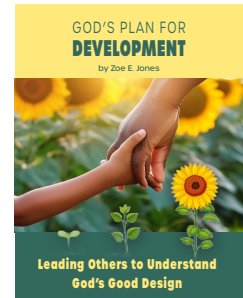


Child Development in a Nutshell
 (taken from *God's Plan for Development*
 By Zoe E. Jones, published by CDM
<https://hpjoyfulchildren.org/blog>)



Baby Stage in a Nutshell (post newborn stage)

Physical	Sensory	Language	Social & Emotional
<ul style="list-style-type: none"> *Bones harden *Neck gets stronger. Holds it up. *Slowly loses newborn reflexes. * Opens hands and uncurls body. *Bats with hands. *Kicks *Grasps items *Rolls front to back, then back to front. *Sits *uses fingers *Creep and crawls *Pulls up and cruises 	<ul style="list-style-type: none"> *Sight develops alongside physical growth. Sees what is needed to move. *Easiest to locate sounds in front. *Using senses to learn. *Touch becomes very important; begins to stroke items. *Taste: Babies will spit out something that tastes strange- a natural safeguard against poisoning. 	<ul style="list-style-type: none"> *Coos, smiles, and gurgles *Responds when someone speaks. *General babbling progresses to specific syllables, then phonemes (e.g., “bababa”). *Begins to use signs to communicate (e.g., raises arms to be picked up). *First real word appears at the end of infancy *Understands certain words like “no”. 	<ul style="list-style-type: none"> *Begins to recognize personal boundaries- where they end and others begin. *Interacts with caregivers and their own image. *Separation anxiety develops when they realize the caregiver exists even when not visible. *Emotions are still undeveloped. *Caregivers can discern different cries and other vocalizations. *Able to self- soothe (e.g., with a comfort object or “lovey”). *Understands displeasure.

Toddler Stage in a Nutshell

Physical	Sensory	Language	Social & Emotional
<p>*Walks. *Sits down and stands up. *Bends down and picks something up. *Climbs. *Stamps feet. *Walks in a circle. *Gain more control of hands and wrists (has more bones than in infancy). - Feeds self. - Stacks blocks. - Turns pages of a book. *By the end of the second year, the brain is nearly adult-sized—about 80% of full volume—and will continue maturing well into the mid-20's.</p>	<p>*Senses are fully developed. *Touch is still predominant sense. *Begins to identify and differentiate between various colors, tastes, sizes, shapes, textures, smells, and sounds. *Learns about the world through sensory exploration- - both in and beyond the home.</p>	<p>*Begins with 4-5 words; by 2, expands to around 200! *Generalizes words (e.g., calls all animals “dog”). *Understands more than can express— leading to frustration! *Sometimes makes up own language and adds words to it. *Early sentences combine words and signs (e.g., holds a cup and says “milk”). *Once vocabulary is large enough, begins using two-word sentences. *Some pre-reading and pre-writing skills.</p>	<p>*Emotions become more developed at this stage. *Experiences a wide range of feelings: - happiness, sadness, jealousy, anger, frustration, fear, surprise. *Has difficulty communicating and expressing feelings-- frustrating! *Social development is still immature. - Engages in side-by-side play (parallel play). - Copies others.</p>